

*Artistic Expressions by Colleen Ellis*  
*Hibiscus ~ Southwest Style*

Colleen Ellis

Email: [ibicraftylady@yahoo.com](mailto:ibicraftylady@yahoo.com)

Tele: (623)388-0717



## **Supply List:**

Black T-Shirt  
Shirt Board or Cardboard insert  
White Transfer Paper  
Stylus

## **Folk Art Fabric Paints:**

4430 Metallic Inca Gold  
4429 Metallic Solid Bronze  
4432 Metallic Peridot  
4412 Emerald Isle  
4449 Licorice Dimensional  
4438 Metallic Solid Bronze Dimensional  
4440 Metallic Peridot Dimensional  
4437 Metallic Pure Gold Dimensional  
4441 Metallic Sequin Black Dimensional



## **Folk Art™ One Stroke™ Fabric Brushes:**

#8 Flat  
#16 Flat

## Painting Instructions:

Prewash T-Shirt with no fabric softener.

Place T-Shirt on shirt board or cardboard and secure with tape or clamps. Make sure it is tight and flat.

Transfer outline of pattern without the details using white transfer paper and stylus.

## Leaves:

Load #8 Flat with Metallic Peridot. Using chisel edge of brush, outline the edges of fern leaves and then fill in using flat side of brush to scrub paint into fabric.

Load #16 Flat with Metallic Peridot and then side load one corner in Emerald Isle and paint large leaves referring to stroke guide.

## Flowers:

Load #16 Flat with Metallic Inca Gold and paint in large hibiscus flowers petals.

Load #16 Flat with Metallic Solid Bronze and paint the small hibiscus flower petals.

Load #8 Flat with Metallic Solid Bronze and pull chisel strokes out from the center of the large hibiscus. Paint a comma stroke at the bottom of the center of the flower in the same color.

Load #8 Flat with Metallic Inca Gold and pull chisel strokes out from the center of the small hibiscus. Paint a comma stroke at the bottom of the center of the flower in the same color.

**Details:** Refer to pattern for placement, no need to transfer pattern details on shirt.

**Note:** It is always best to apply dimensional paint on top of wet paint for better adhesion.

Using Metallic Sequin Black dimensional paint, paint the dots and diamond shapes down the center of each petal on large hibiscus. Next paint the zig zags down the center of the small hibiscus. Pull stamen out from the center of small hibiscus.

Using Metallic Solid Bronze dimensional paint, pull stamen out from center of large hibiscus.

Using Glitter Night Star Dimensional paint, outline the large hibiscus. Dot the ends of the stamens with same color.

Using Licorice dimensional paint, paint the zig zags on the fern leaves. Dot center of diamond shapes on the large hibiscus, and do the petals between the zig zags of the small hibiscus, refer to pattern and photo. Paint veins on upper two leaves.

Using Metallic Peridot dimensional paint, outline the large leaves.

## Finishing:

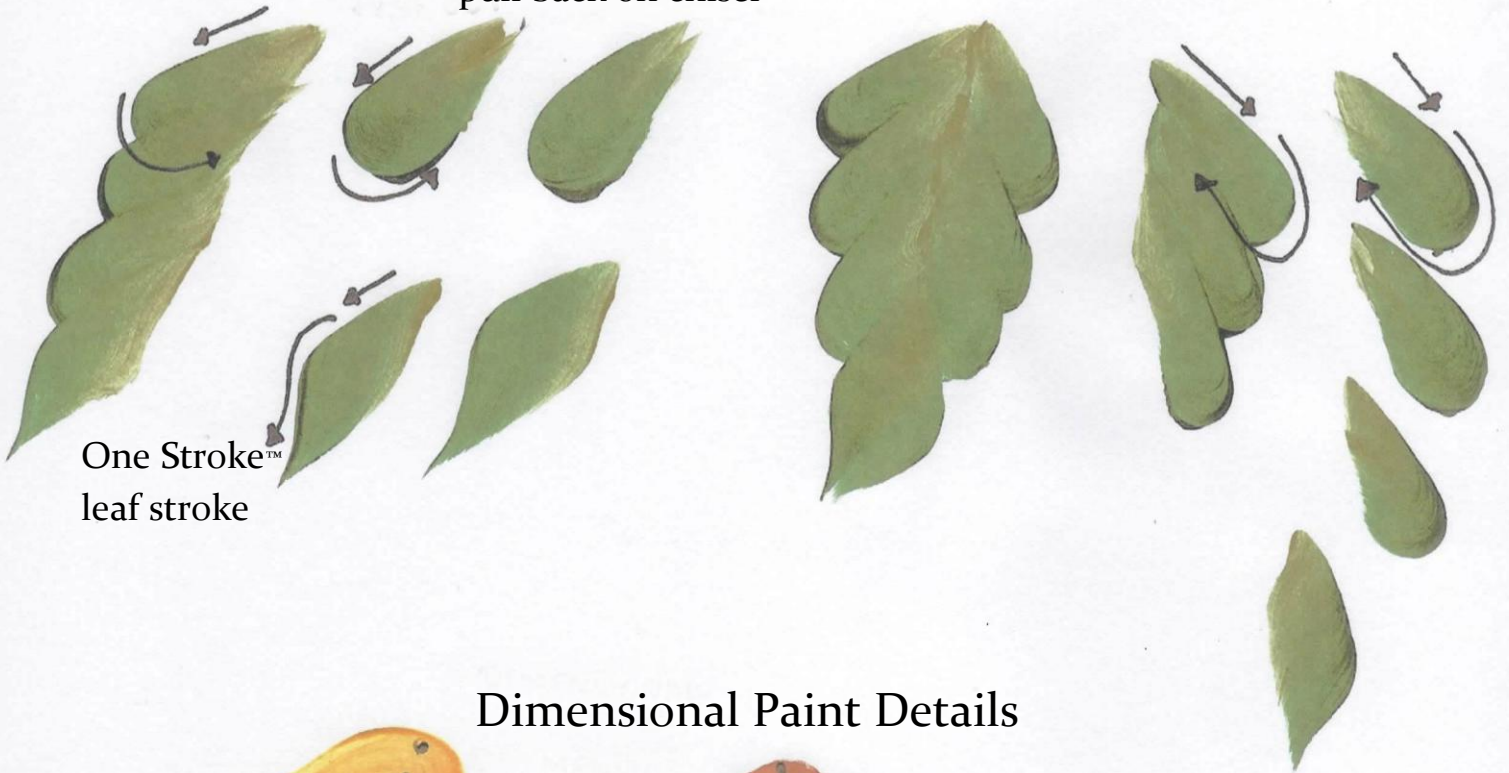
Load #8 Flat with Metallic Inca Gold and highlight the edges of the large hibiscus.

Allow to dry for 24 hours. Heat set with an iron using a pressing cloth. No steam. Do not apply pressure or you will flatten out the dimensional paint. Hand or machine wash in cool water after 72 hours. Hang to dry.

## **Enjoy!**

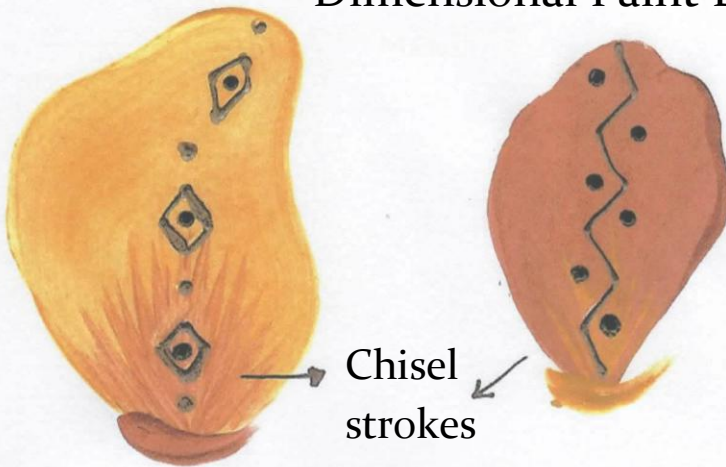
#16 Flat

Start on chisel, push out,  
pull back on chisel



One Stroke™  
leaf stroke

### Dimensional Paint Details

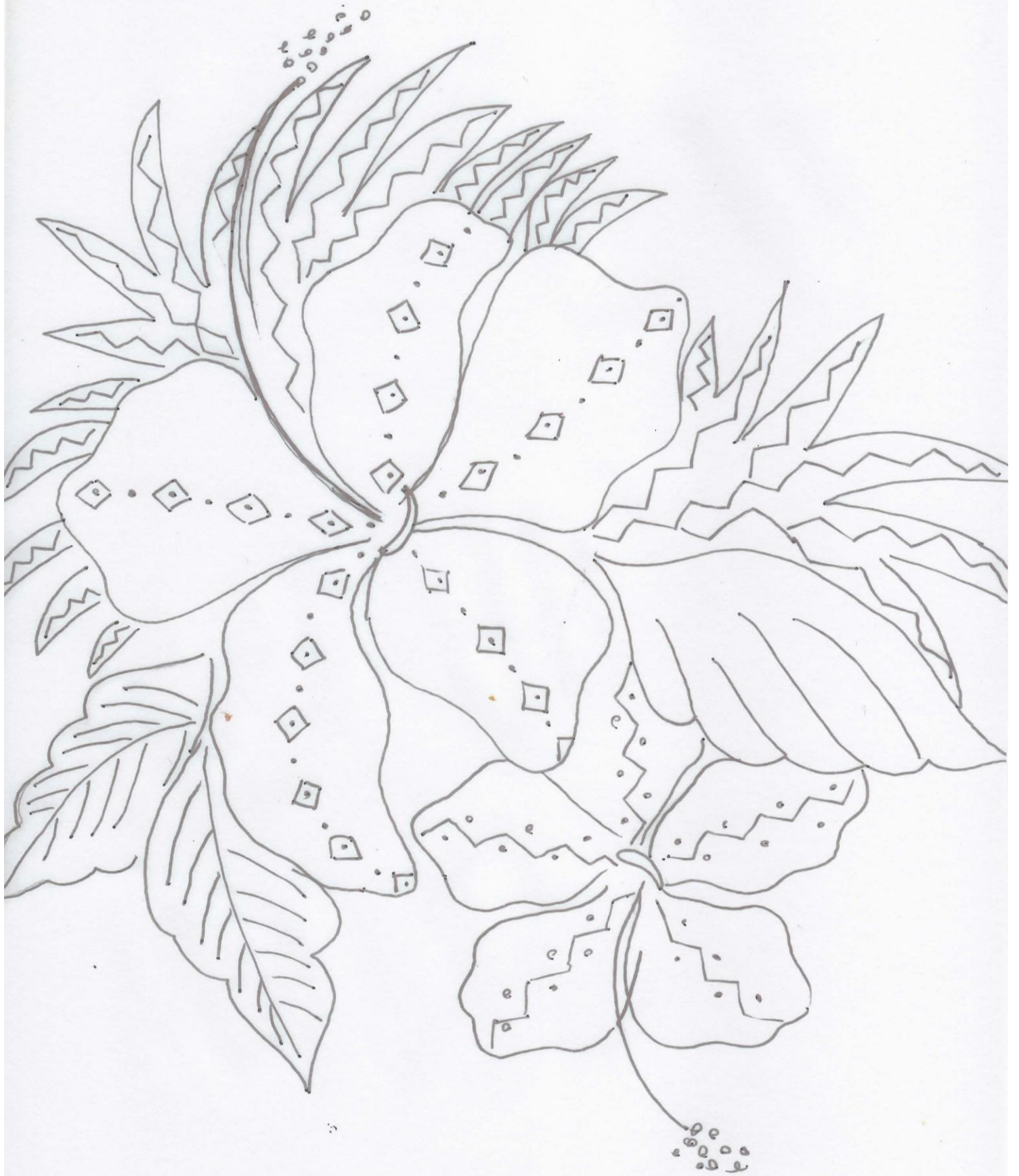


Chisel  
strokes

#8 Flat  
Outline



Fill in and  
add details



*Pattern*

